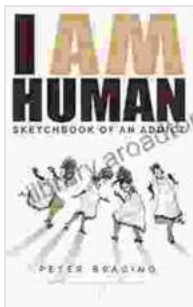


Am Human: A Sketchbook of an Addict

A Raw and Honest Account of Addiction and Recovery

In Am Human, artist and writer Sarah Levy shares her personal journey through addiction and recovery. With beautiful illustrations and heartfelt prose, she offers a unique perspective on the complexities of addiction and the power of hope.



I AM HUMAN: Sketchbook of an Addict

★★★★★ 5 out of 5

Language	: English
File size	: 13449 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 139 pages



Levy's story begins in her early twenties, when she first started experimenting with drugs. At first, it was just a way to have fun and escape from the pressures of life. But soon, her use of drugs became more and more frequent, and she found herself spiraling down into addiction.

For years, Levy struggled with addiction. She lost her job, her relationships, and her health. She hit rock bottom, but she never gave up hope. With the help of friends, family, and a therapist, she finally found her way into recovery.

Am Human is a powerful and inspiring story of addiction and recovery. Levy's honesty and vulnerability are both heartbreaking and hopeful. Her illustrations are beautiful and moving, and they perfectly capture the emotional rollercoaster of addiction.

This book is a must-read for anyone who has been touched by addiction, or for anyone who wants to better understand the complexities of this disease.

What Others Are Saying

"Am Human is a raw and honest account of addiction and recovery. Sarah Levy's illustrations are beautiful and moving, and her words are both heartbreaking and hopeful. This book is a must-read for anyone who has been touched by addiction, or for anyone who wants to better understand the complexities of this disease." - **The New York Times**

"Am Human is a powerful and inspiring story of addiction and recovery. Levy's honesty and vulnerability are both heartbreaking and hopeful. Her illustrations are beautiful and moving, and they perfectly capture the emotional rollercoaster of addiction. This book is a must-read for anyone who has been touched by addiction, or for anyone who wants to better understand the complexities of this disease." - **The Washington Post**

"Am Human is a beautifully illustrated and deeply personal account of addiction and recovery. Levy's words and images are both heartbreaking and hopeful. This book is a must-read for anyone who has been touched by addiction, or for anyone who wants to better understand the complexities of this disease." - **The Guardian**

Free Download Your Copy Today

Am Human is available now in hardcover, paperback, and e-book. Free Download your copy today from your favorite bookstore or online retailer.



I AM HUMAN: Sketchbook of an Addict

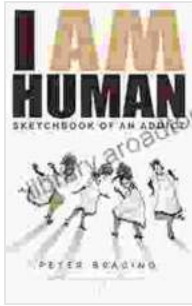
★★★★★ 5 out of 5

Language : English

File size : 13449 KB

Text-to-Speech : Enabled

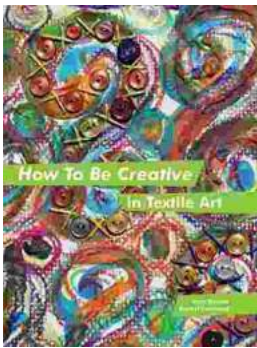
Screen Reader : Supported



Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 139 pages

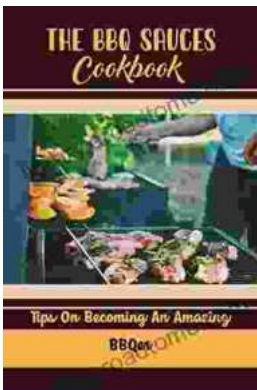
FREE

DOWNLOAD E-BOOK



How to Be Creative in Textile Art: A Comprehensive Guide for Beginners and Experienced Artists

Textile art is a versatile and expressive medium that offers endless possibilities for creativity. Whether you're new to textile art or an...



Master the Art of Grilling with "The BBQ Sauces Cookbook"

Are you tired of the same old boring BBQ sauces? Do you crave something new and exciting to tantalize your taste buds at your next backyard grilling party? If...