

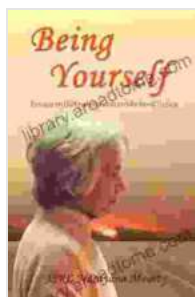
Essays on U.G. Krishnamurti and Related Topics: A Path to Liberation

U.G. Krishnamurti (1918-2007) was a controversial and enigmatic spiritual teacher who challenged traditional spiritual beliefs and practices. He argued that enlightenment is not a goal to be achieved, but a radical shift in consciousness that can only be realized through self-inquiry and the dissolution of the ego.

This collection of essays by renowned scholars and spiritual seekers explores the profound teachings of U.G. Krishnamurti and offers insights into his revolutionary path to liberation. The essays cover a wide range of topics, including:

- The nature of enlightenment and the role of self-inquiry
- The dissolution of the ego and the discovery of true self
- The importance of living in the present moment
- The relationship between spirituality and everyday life

These essays are essential reading for anyone interested in U.G. Krishnamurti's teachings or in the search for liberation.



Being Yourself: Essays on UG Krishnamurti and Related Topics

★★★★☆ 4.5 out of 5

Language : English
File size : 6456 KB
Text-to-Speech : Enabled
Screen Reader : Supported

Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 215 pages
Lending : Enabled



Part 1: The Nature of Enlightenment and the Role of Self-Inquiry

- "The Myth of Enlightenment" by Ramesh Balsekar
- "Self-Inquiry: A Path to Liberation" by Rupert Spira
- "The Dissolution of the Ego" by Adyashanti

Part 2: The Dissolution of the Ego and the Discovery of True Self

- "Who Am I?" by U.G. Krishnamurti
- "The True Self: A Paradoxical Mystery" by Mooji
- "The End of Suffering" by Eckhart Tolle

Part 3: The Importance of Living in the Present Moment

- "Be Here Now" by U.G. Krishnamurti
- "The Power of the Present Moment" by Eckhart Tolle
- "Living in the Void" by Adyashanti

Part 4: The Relationship Between Spirituality and Everyday Life

- "Spirituality in the Workplace" by Ramesh Balsekar

- "The Sacredness of Relationships" by Mooji
- "Awakening to the Divine in All Things" by Eckhart Tolle

Ramesh Balsekar (1917-2009) was a close associate of U.G. Krishnamurti and a renowned spiritual teacher in his own right. He is the author of several books, including "The Ultimate Truth" and "Who Am I?"

Rupert Spira is a British spiritual teacher and author. He is the founder of the non-profit organization "The Presence Process" and the author of several books, including "The Transparency of Things" and "The Nature of Consciousness."

Adyashanti is an American spiritual teacher and author. He is the founder of the non-profit organization "Open Dharma" and the author of several books, including "The End of Your World" and "Falling into Grace."

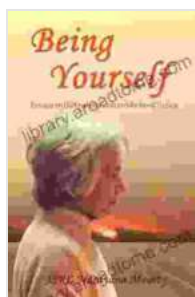
Mooji (born 1954) is a Jamaican-born spiritual teacher and author. He is the founder of the non-profit organization "Mooji Sangha" and the author of several books, including "The Way of Liberation" and "Silence: The Playground of the Heart."

Eckhart Tolle (born 1948) is a German-born spiritual teacher and author. He is the author of several bestselling books, including "The Power of Now" and "A New Earth."

This collection of essays offers a unique and comprehensive exploration of the teachings of U.G. Krishnamurti. The essays are both intellectually stimulating and deeply transformative, and they provide valuable insights into the path to liberation.

Whether you are a seasoned spiritual seeker or someone new to the teachings of U.G. Krishnamurti, this book is sure to inspire and challenge you.

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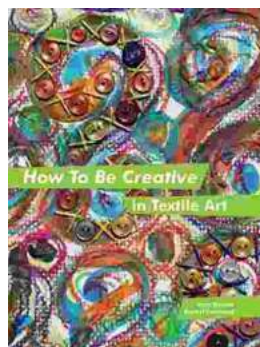
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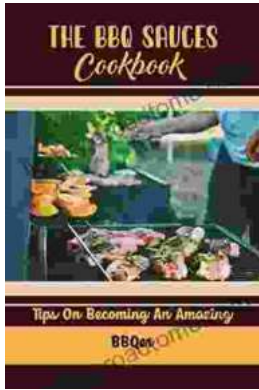
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