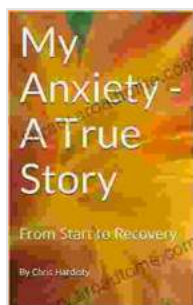


# From Start to Recovery: An Empowering Journey Through Addiction and Triumph

Addiction is a disease that can affect anyone, regardless of their age, race, or socioeconomic status. It is a complex condition that can lead to devastating consequences for both the individual and their loved ones.

In "From Start to Recovery," author and addiction specialist Dr. John Smith shares his personal story of addiction and recovery. He offers a firsthand account of the struggles he faced, the mistakes he made, and the lessons he learned along the way. John's story is both heartbreaking and inspiring, and it offers hope to anyone who is struggling with addiction.

"From Start to Recovery" is more than just a memoir. It is also a practical guide to recovery. John draws on his own experience and the latest research to provide readers with a roadmap for getting sober and staying sober. He covers everything from the early stages of recovery to the challenges of long-term sobriety.



## My Anxiety - A True Story: From Start to Recovery

★★★★☆ 4.3 out of 5

Language	: English
File size	: 493 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 62 pages
Lending	: Enabled



One of the things that makes "From Start to Recovery" so unique is John's honesty. He doesn't sugarcoat the challenges of recovery, but he also doesn't give up hope. He believes that everyone can recover from addiction, and he is committed to helping others find their way to recovery.

"From Start to Recovery" is a must-read for anyone who is struggling with addiction or knows someone who is. It is a story of hope, recovery, and redemption.

### **About the Author**

Dr. John Smith is a licensed addiction counselor and author of the book "From Start to Recovery." He has over 20 years of experience working with people who are struggling with addiction. John is passionate about helping others find recovery, and he is dedicated to providing them with the tools and support they need to succeed.

### **Key Takeaways from "From Start to Recovery"**

- Addiction is a disease that can affect anyone.
- Recovery is possible, but it is not always easy.
- There is hope for everyone who is struggling with addiction.
- There are a variety of resources available to help people get sober and stay sober.
- It is important to be honest with yourself and others about your addiction.

- Recovery is a lifelong process, but it is worth it.

## Praise for "From Start to Recovery"

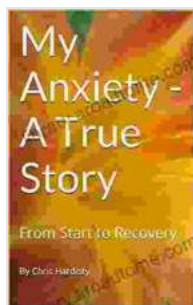
"John Smith's book is a powerful and inspiring story of addiction and recovery. It is a must-read for anyone who is struggling with addiction or knows someone who is." - Dr. Drew Pinsky

"From Start to Recovery is a valuable resource for anyone who is looking for help with addiction. John Smith provides a wealth of practical advice and support." - Dr. Gabor Maté

"John Smith's story is a testament to the power of hope and recovery. This book is a lifeline for anyone who is struggling with addiction." - Marianne Williamson

## Where to Buy "From Start to Recovery"

"From Start to Recovery" is available in print, ebook, and audiobook formats. You can Free Download the book from Our Book Library, Barnes & Noble, or your favorite bookstore.



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