

# How Tech Industry Mothers Set Goals, Define Boundaries, and Raise the Bar

In today's competitive tech industry, it can be difficult for mothers to balance their careers and families. But a new book by [author's name] shows that it is possible to have a successful career and a happy family life.



## Pressing ON as a Tech Mom: How Tech Industry Mothers Set Goals, Define Boundaries and Raise the Bar for Success by Emilia M. D'Anzica

★★★★★ 5 out of 5

Language : English  
File size : 1143 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 187 pages



In her book, [author's name] interviews dozens of tech industry mothers who have achieved great success in both their careers and their personal lives. These women share their stories and offer advice on how to set goals, define boundaries, and raise the bar for yourself and your family.

One of the most important things that tech industry mothers can do is to set goals. But it's not enough to just set any old goal. Your goals should be specific, measurable, achievable, relevant, and time-bound. In other words, they should be SMART goals.

Once you have set your goals, it's important to define boundaries. This means setting limits on how much time you spend working and how much time you spend with your family. It's also important to set boundaries around your personal space and your time.

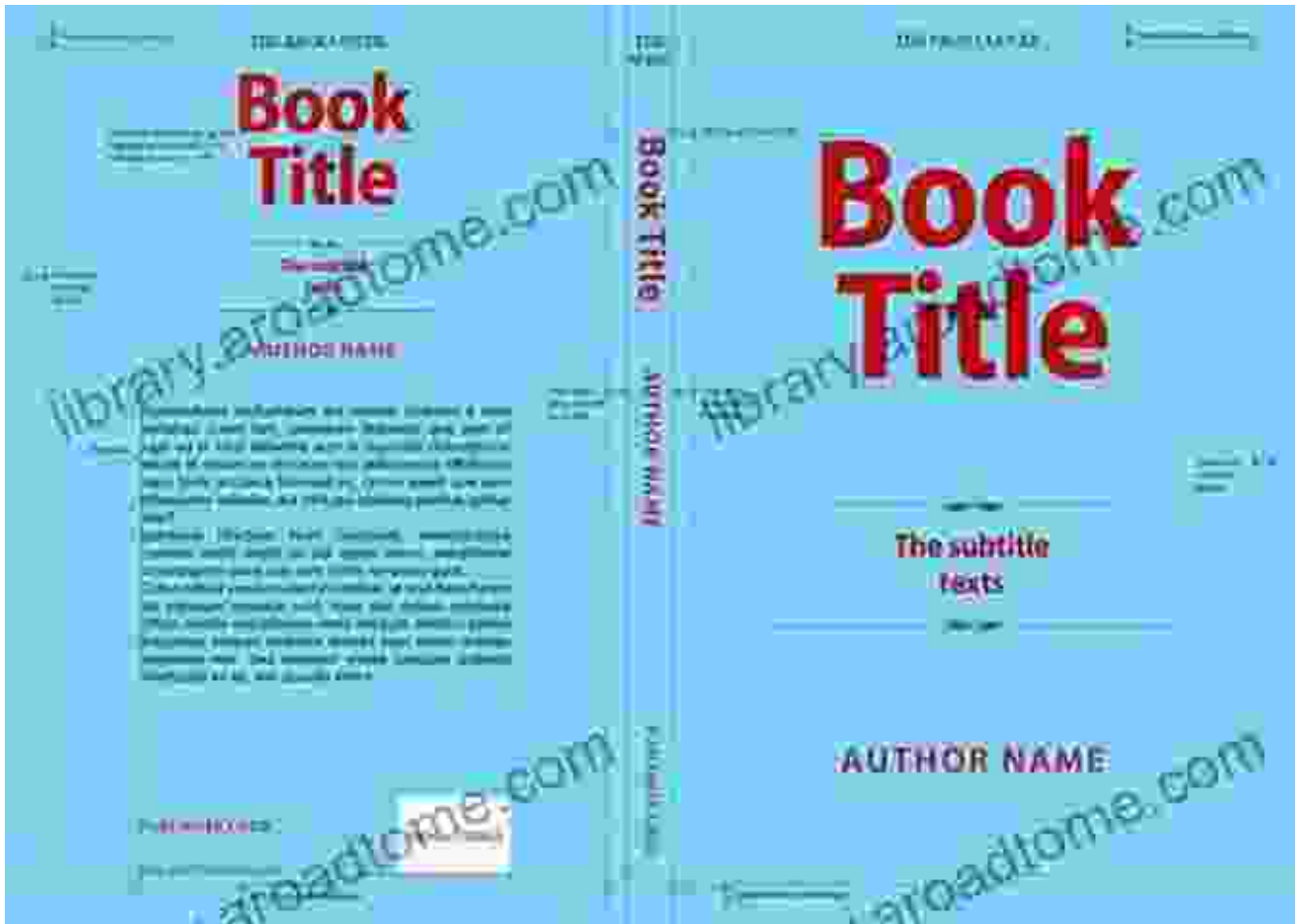
Finally, it's important to raise the bar for yourself and your family. This means setting high standards for yourself and your children. It also means being willing to take risks and step outside of your comfort zone.

If you're a tech industry mother, this book is a must-read. It's full of inspiring stories and practical advice that can help you succeed in your career and raise a happy and healthy family.

**Here are some of the things you'll learn from this book:**

- How to set SMART goals
- How to define boundaries
- How to raise the bar for yourself and your family
- How to find support from other tech industry mothers
- How to balance your career and family

If you're ready to take your career and your family life to the next level, Free Download your copy of [book's title] today!



**[Author's name]** is a tech industry mother and the author of several books on parenting and career success. She is a sought-after speaker and consultant, and her work has been featured in major media outlets such as The New York Times, The Wall Street Journal, and Forbes.



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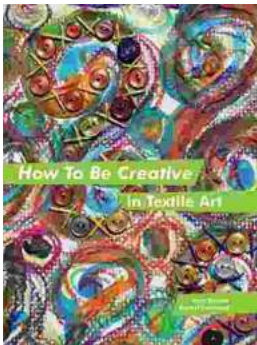
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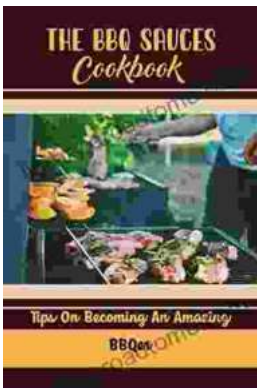
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