### **Sensory Sensitivity in Children: A Deeper Dive**

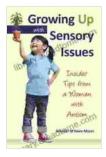


Sensory processing disFree Download (SPD) is a condition that affects the way the brain processes sensory information. Children with SPD may have difficulty paying attention, regulating their emotions, and interacting with others. They may also be more sensitive to certain stimuli, such as loud noises, bright lights, or certain textures. SPD is a common condition, but only 5% of children are diagnosed.

#### What are the symptoms of SPD?

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The symptoms of SPD can vary from child to child. Some children may have only a few symptoms, while others may have many. Common symptoms of SPD include:



Growing Up with Sensory Issues: Insider Tips from a Woman with Autism 🛧 🛧 🛧 🛧 🛧 5 out of 5 Language : English File size : 1819 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting : Enabled Word Wise : Enabled Print length : 211 pages



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\* Difficulty paying attention \* Difficulty regulating emotions \* Difficulty interacting with others \* Sensory sensitivities \* Motor difficulties \* Sleep problems

#### What causes SPD?

The exact cause of SPD is unknown, but it is thought to be related to the way the brain processes sensory information. SPD may be caused by a combination of genetic and environmental factors.

#### How is SPD diagnosed?

SPD is diagnosed by a healthcare professional, such as a pediatrician, child psychologist, or occupational therapist. The healthcare professional

will ask about your child's symptoms and perform a physical examination. The healthcare professional may also Free Download tests, such as an MRI or EEG, to rule out other conditions.

#### How is SPD treated?

There is no cure for SPD, but there are treatments that can help to improve the symptoms. Treatment for SPD may include:

\* Occupational therapy \* Physical therapy \* Speech therapy \* Sensory processing therapy \* Medication

#### What is the prognosis for children with SPD?

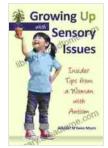
The prognosis for children with SPD varies. Some children will outgrow their symptoms, while others will continue to experience symptoms throughout their lives. With early intervention and treatment, most children with SPD can learn to manage their symptoms and live full and productive lives.

#### How to help a child with SPD

There are many things you can do to help a child with SPD. Here are a few tips:

\* Be patient and understanding. It is important to remember that children with SPD are not being difficult on purpose. They are simply trying to cope with their symptoms. \* Create a safe and supportive environment. Children with SPD need to feel safe and supported in Free Download to learn and grow. Make sure your child's home is a place where they feel comfortable and accepted. \* Avoid overwhelming your child. Children with SPD can be easily overwhelmed by sensory stimuli. Avoid exposing your child to too much noise, light, or other stimuli. \* Encourage your child to participate in activities that they enjoy. Children with SPD often enjoy activities that are calming and repetitive. Encourage your child to participate in these activities as often as possible. \* Be an advocate for your child. Children with SPD may need extra help in school and other settings. Be an advocate for your child and make sure they are getting the support they need.

SPD is a common condition that can affect children of all ages. With early intervention and treatment, most children with SPD can learn to manage their symptoms and live full and productive lives. If you think your child may have SPD, talk to your healthcare professional.



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